



ALNOOR
INTERNATIONAL SCHOOL

GRADE
1

SOCIAL STUDIES

THAT'S MY WORLD



WHERE DO I LIVE



MY FAMILY & ME



GOOD HABITS



OUR PLANET



AROUND THE WORLD



SOCIAL STUDIES

GRADE 1

EXPLORE • LEARN • DISCOVER



AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

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UNIT 1: MEET ME

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Unit 1: Meet me

Lesson 1: Ahmed's Family

Vocabulary:

- **Family:** A group of people who love and care for each other.
- **Mother:** A female parent.
- **Father:** A male parent.
- **Sister:** A girl in the family.
- **Brother:** A boy in the family.
- **Baby:** A very young child.
- **Newborn:** A baby that was born recently.
- **Care:** To help, love, and protect someone.
- **Grandmother:** Your mother's or father's mother.
- **Grandfather:** Your mother's or father's father.
- **Love:** A strong feeling of care and kindness.



Lesson Content: Ahmed's Family

Every child has a family. Families are very important because they love and care for each other.

Some families are big and some are small. Families can have mothers, fathers, brothers, sisters, babies, grandparents, uncles, and aunts.

Families do many things together. They eat together, play together, visit places together, and help each other when someone is sick or sad.

Parents work hard to take care of their children. Brothers and sisters should be kind and respectful to one another.

Babies and newborns need extra care because they are very small. Family members help feed them, carry them, and keep them safe.

Important rule: Every family is special and different. We should always love and respect our family members.

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What Family Members Do:

Mother:



- cooks food
- helps children
- takes care of the family

Father:



- works to help the family
- protects the family
- plays with children

Brother and Sister:



- play together
- help each other
- share toys

Grandparents:



- tell stories
- teach good manners
- love their grandchildren

Baby:



- needs love and care
- sleeps a lot
- cannot do things alone

Important Details:

- Families love and care for each other. They help one another and make each other feel safe and happy.
- Families help when someone feels sad, sick, or tired. They use kind words and support each other during difficult times.
- Babies and newborns need special care from adults because they are very small and cannot do things by themselves. They need food, sleep, love, and protection.
- Brothers and sisters should share toys, play nicely together, and speak politely to one another. Being kind helps families stay happy.
- Every family is unique and special. Some families are big, while others are small, but all families are important and full of love.
- Helping at home is a good responsibility. Children can help by cleaning their toys, organizing their books, setting the table, or helping younger siblings.
- Families spend happy times together by eating meals, visiting places, celebrating special days, playing games, and talking together.

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- Parents work hard to take care of their children and provide food, clothes, education, and safety for the family.
- Grandparents are important family members because they teach good manners, tell stories, and share their experiences with children.
- Family members should respect and listen to each other. Respect helps families live peacefully and happily together.
- When family members cooperate and work together, home becomes a safe, loving, and comfortable place for everyone.

Exercises/ Answer the following:

A. Multiple Choice: Choose the correct answer.

1. Every child has a _____.
 - a. toy
 - b. book
 - c. family
2. Families are important because they _____.
 - a. play games
 - b. love and care for each other
 - c. go to school
3. Which of these can be in a family?
 - a. dog
 - b. teacher
 - c. grandparents
4. Families do many things together, like _____.
 - a. eat together
 - b. sleep all day
 - c. watch tv only
5. Babies need _____ care.
 - a. extra
 - b. no
 - c. little

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B. True or False: Write True if the statement is correct and False if not.

1. Some families are big and some are small. _____
2. Families never do anything together. _____
3. Parents work hard to take care of their children. _____
4. Brothers and sisters should be kind and respectful to one another. _____
5. We should not love or respect our family members. _____

Activity (Reflection):

- Write 2–3 sentences about your family.

1. Something your family likes to do together

2. One way you help your family

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Unit 1: Meet me

Lesson 2: My Home

Vocabulary:

- **Dinner:** The meal we eat in the evening.
- **Living room:** A room where family members sit, relax, and watch TV together.
- **Weekend:** The days when people rest and spend time with family, usually Friday and Saturday.
- **Activities:** Things we do for fun or work.
- **Good night:** Words we say before going to sleep.
- **Bedroom:** A room where people sleep and rest.
- **Kitchen:** A place where food is cooked.
- **Homework:** School work students do at home.
- **Shower:** Washing the body with water.
- **Routine:** Things we do every day in the same order.



Lesson Content: My Home

Hello! My name is Ahmad. Welcome to my home!

I live with my mother, father, sister, and baby brother. My family loves spending time together at home.

When I come home from school, I put my bag in my **bedroom** and wash my hands before eating lunch.

My mother cooks delicious food in **the kitchen**. We eat together in **the dining room** and talk about our day.

After lunch, I do my **homework**. Then I play with my toys or watch TV with my family in the **living room**.

My sister likes drawing and reading stories. My baby brother sleeps a lot because he is still very small.

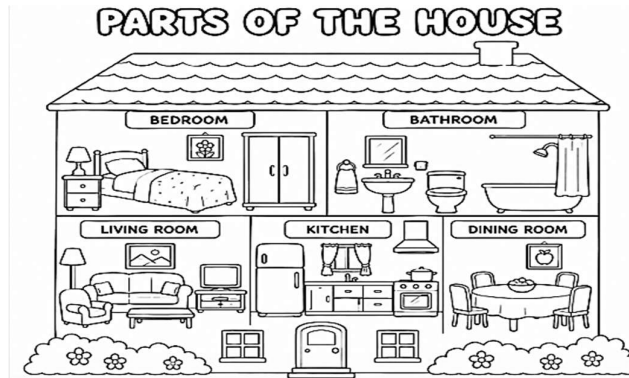
In the evening, my family sometimes goes for a walk or plans fun weekend activities together.

Before **bedtime**, my father reads me a story. Then I say, “**Good night**,” and go to sleep in my bedroom.

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I love my home because it is a happy and safe place for my family.



Ahmad's Daily Routine:

Morning:

- wakes up
- gets ready for school
- eats breakfast



After School:

- washes hands
- eats lunch
- does homework



Evening:

- watches TV
- spends time with family
- eats dinner together



Night:

- listens to a bedtime story
- says "Good night"
- sleeps in his bedroom



Important Details:

- Ahmad keeps his school bag neatly in his **bedroom** after coming home from school. He likes to keep his bedroom clean and organized.
- Ahmad always washes his hands in the **bathroom** before eating because it is an important healthy habit.
- Ahmad's mother cooks delicious meals in the **kitchen** every day for the family.
- Ahmad's family eats breakfast, lunch, and dinner together in the **dining room**. They talk and laugh while eating.
- After eating, Ahmad goes to his **bedroom** to do his homework before watching TV or playing games.
- Ahmad spends time with his family in the **living room**. They watch TV, relax, and enjoy talking together.

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- Ahmad's baby brother sleeps in the **bedroom** because babies need rest and special care.
- At night, Ahmad's father reads him bedtime stories in the **bedroom** before sleeping.
- On weekends, Ahmad and his family sometimes sit together in the **living room** to plan fun activities.
- Ahmad helps his family by keeping different parts of the house clean and tidy.
- Ahmad loves his home because every room in the house is filled with love, care, and happy family moments.

Exercises/ Answer the following:

A. MATCH THE FOLLOWING: Match the sentence with the correct action/picture description:

1. Ahmad washes his hands.
2. The family eats lunch together.
3. Ahmad does his homework.
4. Ahmad's sister is drawing.
5. Father reads a story before bed.



B. TRUE OR FALSE: Write True if the statement is correct based on the picture.

1. Ahmad puts his bag in the living room. _____
2. The family eats together in the dining room. _____
3. Ahmad's sister likes drawing and reading stories. _____
4. Ahmad's baby brother sleeps a lot. _____
5. In the evening, the family never goes out. _____

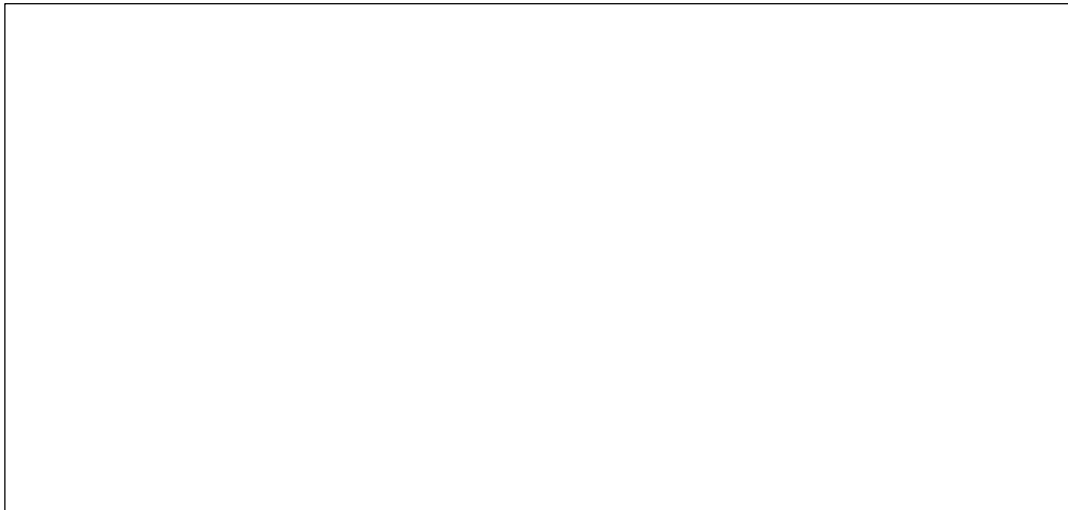


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Activity (Reflection):

1. Why is it important for Ahmad and his family to spend time together at home? How does helping at home make the family happy?

2. Choose one part of the house. Draw and color it.



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Unit 1: Meet me

Lesson 3: My School

Vocabulary:

- **School:** A place where children learn and study.
- **Bus:** A vehicle that takes students to school.
- **Principal:** The person who leads and manages the school.
- **Rules:** Instructions that help people stay safe and behave well.
- **Banner:** A large sign with words or pictures.
- **Classroom:** A room where students learn with their teacher.
- **Teacher:** A person who helps students learn.
- **Playground:** A place where children play at school.
- **Uniform:** Special clothes students wear to school.
- **Respect:** Being kind and polite to others.



Lesson Content: My School

Welcome to my school!

I go to school every morning to learn new things and meet my friends. My school is a happy and safe place.

Some students come to school by bus, while others come by car or walk with their parents.

At school, students learn reading, writing, math, science, and many other subjects.

My teacher helps me learn and understand new lessons every day.

Our principal's name is Ms. Fatima. She helps keep the school safe and organized. She explains the school rules to students.

School rules are important because they help everyone learn safely and happily.

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Some school rules are:

- raise your hand before speaking
- listen to the teacher
- walk quietly in the hallway
- be kind to others
- keep the classroom clean

My classmates and I work together to follow the rules and respect each other.

At break time, we play with friends on the playground and enjoy fun activities.

I love my school because I learn new things, make friends, and feel safe there.



Important Details:

- Some students come to school by bus, car, or walking with their parents.
- Ahmad learns reading, writing, math, and art at school with his teacher.
- Ahmad's principal helps students know and follow the school rules.
- School rules help students stay safe, happy, and ready to learn.
- Ahmad raises his hand before speaking in class.
- Ahmad listens carefully to his teacher during lessons.
- Ahmad plays with his friends during break time on the playground.
- Ahmad keeps his classroom clean and throws trash in the bin.
- Ahmad is kind and respectful to his classmates and teachers.
- Ahmad shares with his friends and helps others during activities.

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- Ahmad walks quietly in the hallway and follows classroom rules.
- Ahmad enjoys learning new things every day at school.
- Ahmad loves his school because it is a safe, happy, and fun place.



Exercises/ Answer the following:

A. Match the sentence with the correct picture.

1. Raise your hand



A



2. Walk quietly



B



3. Keep classroom clean



C



4. Play at break time



D



5. Listen to the teacher



E



B. TRUE or FALSE: Write T if the statement is correct F if not.

1 School is a happy and safe place.



2 Students should run loudly in the hallway.



3 Students learn math and science at school.



4 We should be kind to others.



5 Students play with friends at break time.



Activity (Reflection):

1. Make a Classroom Rules Banner: Write and decorate rules like:

- Raise your hand
- Be kind
- Listen carefully
- Keep the classroom clean

Show your banner to the class and read the rules aloud.

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2. Why is it important for students to follow school rules? What would happen if nobody followed the rules at school?

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Unit 1: Meet me

Lesson 4: What I do

Vocabulary:

- **Good Morning:** Words we say in the morning.
- **Daily Routine:** Things we do every day.
- **Bedroom:** A room where we sleep.
- **Breakfast:** The first meal of the day.
- **Chore:** A small job we do at home.
- **Laundry:** Washing clothes.
- **Weekend:** Days when we rest and spend time with family.
- **Dishes:** Plates and cups we wash after eating.
- **Kitchen:** A place where food is prepared.
- **Bathroom:** A room used for washing and cleaning.



Lesson Content: What I do

Every morning, Ahmad follows his daily routine at home. He wakes up early and says, “Good morning!” to his family. Then he goes to the bathroom to brush his teeth and wash his face. After that, he makes his bed and gets dressed for the day.

Mom prepares a healthy breakfast in the kitchen. Ahmad eats breakfast with his family before starting his day. After eating, Ahmad helps clean the table and puts the dishes in the sink. Helping at home is an important chore.

On weekends, Ahmad and his sister help their parents with more chores. They put the laundry in the washing machine, wipe the dust, and organize their rooms. Ahmad also helps put toys back in place and keeps the house clean.

Everyone in Ahmad’s family works together to make the home neat and happy. Ahmad feels proud when he helps his family with chores.

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Important Details:

- Ahmad wakes up early every morning.
- Ahmad brushes his teeth and makes his bed.
- Ahmad eats breakfast with his family.
- Ahmad helps clean the table after eating.
- Ahmad helps his family with chores at home.
- Ahmad and his sister do laundry on weekends.
- Ahmad keeps his room clean and tidy.



- Helping at home makes Ahmad feel happy and proud.

Exercises/ Answer the following:

A. Multiple Choice: Circle the letter of correct answer.

1. What does Ahmad do after waking up?

- A. plays games
- B. brushes his teeth
- C. goes outside



2. Where does Ahmad eat breakfast?

- A. bathroom
- B. kitchen
- C. garage



3. What does Ahmad do after breakfast?

- A. cleans the table
- B. sleeps
- C. watches TV



4. What chore does Ahmad do on weekends?

- A. laundry
- B. swimming
- C. driving



5. How does Ahmad feel when helping his family?

- A. angry
- B. proud
- C. sleepy



B. TRUE OR FALSE: Write true if the statement is correct and F if not.

1	Ahmad wakes up early every morning.	_____	
2	Ahmad forgets to brush his teeth.	_____	
3	Ahmad helps clean the table after eating.	_____	
4	Ahmad and his sister help with chores on weekends.	_____	
5	Ahmad keeps his room messy.	_____	

Activity (Reflection):

1. Chore Charades Game: Act out one chore without speaking while your classmates guess it!

Examples:

- Making the bed
- Washing dishes
- Sweeping the floor
- Doing laundry
- Cleaning the room

After the game, tell the class:

“I help my family by _____.”

2. Why should children help their families with chores at home?

Unit 1: Meet me

Lesson 5: My Activities

Vocabulary:

- **Activities:** Things we do for fun or learning.
- **Hobby:** Something we enjoy doing in our free time.
- **Music:** Sounds we enjoy listening to or playing.
- **Horseback Riding:** Riding and caring for a horse.
- **Picnic:** Eating and spending time outdoors with family or friends.
- **Sport:** A game or activity that keeps us active and healthy.
- **Travel:** Visiting different places.
- **Weekend:** Days for rest and fun activities.
- **Piano:** A musical instrument with black and white keys.

Lesson Content: My Activities

During the weekend, Ahmad and his family enjoy many fun activities. Ahmad likes playing the piano and listening to music. He also enjoys horseback riding because it is exciting and fun.

Ahmad's sister likes watching TV and drawing pictures. Their dad enjoys playing sports, and their mom likes solving puzzles.

Sometimes, the whole family goes on a picnic together. They eat food, play games, and spend happy time outdoors. In summer, they also enjoy traveling to new places and learning about different things.

Having hobbies and activities helps the family stay happy, active, and creative.

Important Details:

- Ahmad likes playing the piano and listening to music.
- Ahmad enjoys horseback riding on weekends.
- Ahmad's sister likes watching TV and drawing pictures.
- Ahmad's dad enjoys playing sports.
- Ahmad's mom likes solving puzzles.
- Ahmad's family enjoys going on picnics together.
- The family likes traveling in summer.
- Hobbies and activities help people stay happy and active.



Exercises/ Answer the following:

Time to Practice

Exercise 1: Guess what my friends' hobbies are.

reading
cooking
riding a bike

swimming
drawing
playing basketball

1. 	2. 	3.
4. 	5. 	6.

Exercise 2:

Match the sentence with the correct picture.

- | | | | |
|------------------|---|--|---|
| 1. Play piano | • | | • |
| 2. Draw pictures | • | | • |
| 3. Play sports | • | | • |
| 4. Solve puzzles | • | | • |
| 5. Go on picnic | • | | • |

A	
B	
C	
D	
E	

Activity (Reflection):

1. Why are hobbies and activities important for children?

2. My Hobby Video: At home, make a short video showing your favorite hobby or activity.

Examples:

- Playing football
- Drawing
- Riding a bike
- Playing music
- Reading a book

In the video, say:

“My name is _____. My favorite hobby is _____.”

Share your video with the class.

UNIT 2: PLACES ALL AROUND



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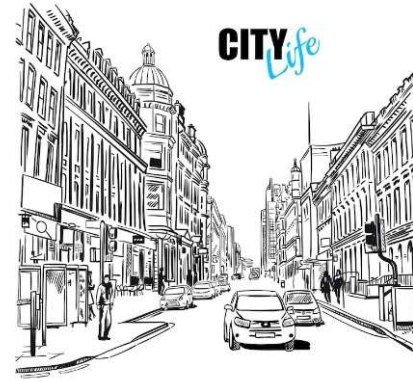
Lower Grade Section

Unit 2: Places all around

Lesson 1: Living in my city

Vocabulary:

- **City:** A place where many people live.
- **Jeddah:** A city in Saudi Arabia.
- **Work:** To do a job.
- **Job:** The work a person does.
- **Cook:** A person who makes food.
- **Reporter:** A person who tells news.
- **Building:** A place where people live or work.
- **Road:** A place where cars drive.



Lesson Content: Living in My City

Hello! My name is Ahmad. I live in the beautiful city of Jeddah. Many people live in my city. Some people are teachers, cooks, doctors, drivers, and reporters.

Every morning, people go to work and do their jobs. A cook makes delicious food. A reporter writes news and tells people what is happening.

From my bedroom window, I can see many buildings, roads, cars, and people. My city is busy and full of life.

People in my city enjoy different activities. Some ride bicycles, visit parks, shop in stores, or spend time with family and friends.

I love my city because it is a happy and exciting place to live.

Important Details:

- Ahmad lives in the city of Jeddah.
- Many people live and work in the city.
- People have different jobs such as teachers, cooks, doctors, drivers, and reporters.
- A cook makes food for people.
- A reporter writes and tells news.
- Ahmad can see buildings, roads, cars, and people from his window.
- The city is busy and full of life.
- People enjoy riding bicycles and visiting parks.
- Families and friends spend time together in the city.
- Ahmad loves his city because it is happy and exciting.

Exercises/ Answer the following:

Exercise 1:

A. Multiple Choice

Circle the correct answer.

- | | |
|--|---|
| <p>1 Where does Ahmad live?</p> <p>A. village B. Jeddah C. desert</p> |  |
| <p>2 What does a cook do?</p> <p>A. drives a car B. makes food
C. teaches students</p> |  |
| <p>3 What does a reporter write?</p> <p>A. stories B. songs C. news</p> |  |
| <p>4 What can Ahmad see from his window?</p> <p>A. animals only B. buildings and roads
C. oceans only</p> |  |
| <p>5 Why does Ahmad love his city?</p> <p>A. because it is boring
B. because it is happy and exciting
C. because it is empty</p> |  |

Exercise 2: Match the following.

Match the jobs and places with the correct pictures.

- | | | | |
|-------------------|---|----------|---|
| <p>1 Cook</p> | • | <p>A</p> |  |
| <p>2 Reporter</p> | • | <p>B</p> |  |
| <p>3 Bicycle</p> | • | <p>C</p> |  |
| <p>4 Park</p> | • | <p>D</p> |  |
| <p>5 City</p> | • | <p>E</p> |  |

Activity (Reflection):

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1. Why is it important for people in a city to work together? What would happen if nobody did their jobs?

2.

Draw and Color

Draw your city and color the buildings, roads, cars, parks, and people.



Then write: "I love my city!"

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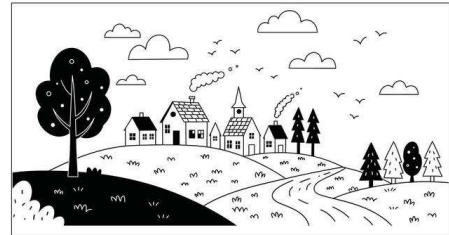
Lower Grade Section

Unit 2: Places all around

Lesson 2: Living in town

Vocabulary:

- **Town:** A place smaller than a city.
- **Forest:** A place with many trees.
- **Garden:** A place where flowers and plants grow.
- **Quiet:** Not loud or noisy.
- **Farmer:** A person who grows plants and food.
- **Road:** A place where cars drive.
- **House:** A place where people live.
- **Neighbor:** A person who lives near you.



Lesson Content: Living in town

Hello! My name is Ahmad. My grandparents live in a small town. A town is smaller than a city and usually has fewer people and buildings.

The town is quiet and peaceful. There are many trees, gardens, and small houses. People in the town know each other and help one another.

Some people work as farmers, shopkeepers, teachers, or drivers. Farmers grow fruits and vegetables for people.

Children in the town like riding bicycles, playing outdoors, and visiting parks. Families spend time together and enjoy the fresh air.

I love visiting the town because it is calm, beautiful, and full of nature.

Important Details:

- A town is smaller than a city.
- Towns usually have fewer people and buildings.
- Towns are quiet and peaceful places.
- There are many trees and gardens in towns.
- People in towns know and help each other.
- Farmers grow food for people.
- Children enjoy outdoor activities in towns.
- Families spend happy times together in towns.
- Ahmad enjoys visiting the town.

Exercises/ Answer the following:

Exercise 1:

A. Multiple Choice

Circle the correct answer.

- 1 What is a town?
A. a large ocean
B. a place smaller than a city
C. a school
- 2 What do farmers grow?
A. fruits and vegetables
B. cars
C. toys
- 3 How is the town?
A. noisy
B. quiet and peaceful
C. crowded
- 4 What do children enjoy in the town?
A. playing outdoors
B. working in offices
C. driving buses
- 5 Why does Ahmad love the town?
A. because it is calm and beautiful
B. because it is noisy
C. because it is empty



Exercise 2:

B. True or False

Write True or False.

- 1 A town is smaller than a city.
- 2 Towns have many trees and gardens.
- 3 Farmers grow food for people.
- 4 People in towns help each other.
- 5 Ahmad dislikes visiting the town.



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Activity (Reflection):

1. Why do people in towns help each other? How would the town feel if nobody cared for it?

2. Town Builders Game: Work with your classmates to build a mini town using:

- blocks
- paper houses
- toy cars
- trees and flowers
- farm pictures

Each group will create:

- a farm
- a park
- roads
- houses
- a shop

Then present your town to the class and say:

- the name of your town
- what people do there

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Unit 2: Places all around

Lesson 3: My Wants and My Needs

Vocabulary:

- **Want:** Something we would like to have.
- **Need:** Something important we cannot live without.
- **Food:** Something we eat to stay healthy.
- **Water:** A drink our body needs.
- **Clothes:** Things we wear.
- **Toy:** Something children play with.



Lesson Content: My Wants and My Needs

Today, my teacher talked about wants and needs. She explained that a want is something we would like to have, but a need is something important we must have to live.

After school, I saw many things I wanted, like toys, candy, and video games. My sister wanted a new doll and a bicycle. These things are wants because we can live without them.

Then my mother reminded us about our needs. Food, water, clothes, and a safe home are needs. We need these things every day to stay healthy, safe, and happy.

Families work hard to provide needs for their children. It is okay to have wants, but needs should always come first.

I learned that we should be thankful for the important things we have in our lives.

Important Details:

- A want is something we would like to have.
- A need is something important we must have to live.
- Toys, candy, dolls, bicycles, and video games are wants.
- Food, water, clothes, and a safe home are needs.
- Needs help people stay healthy, safe, and happy.
- Families work hard to provide needs for their children.
- Needs are more important than wants.
- Children should be thankful for the important things they have.



Exercises/ Answer the following:

A. Choose the correct answer and circle it.

1. What did Ahmad's teacher talk about?
 - A. animals
 - B. wants and needs
 - C. sports
2. Which one is a want?
 - A. candy
 - B. water
 - C. home
3. Which one is a need?
 - A. doll
 - B. video game
 - C. clothes
4. What did Ahmad's sister want?
 - A. a doll and a bicycle
 - B. food and water
 - C. books and shoes
5. Why are needs important?
 - A. they are colorful
 - B. they help people stay healthy and safe
 - C. they are fun toys

B. Read each sentence carefully. Write True or False.

1. Food is a need. _____
2. Video games are needs. _____
3. Water helps people live. _____
4. Wants are more important than needs. _____
5. Families work hard to provide needs. _____

Financial Literacy: IDENTIFYING NEEDS AND WANTS Check the boxes if it is a NEED, and cross it out if it is a WANT. (X) WANT (✓) NEED	
☐ water	☐ hamburger
☐ fruits	☐ blanket
☐ ice cream	☐ clothes
☐ shelter	☐ toys

Activity (Reflection):

1. Why should people choose needs before wants? What might happen if people only buy wants?

AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Unit 2: Places all around

Lesson 4: The goods I buy

Vocabulary:

- **Fish market:** A place where people buy fish.
- **Bakery:** A place where people buy bread and cakes.
- **Grocery store:** A place where people buy fruits and vegetables.
- **Bookstore:** A place where people buy books and storybooks.
- **Pharmacist:** A person who works in a pharmacy and gives medicine.
- **Goods:** Things people buy or use.

Lesson Content: The goods I buy

Today, my family and I went shopping to different places. First, we visited the fish market to buy fresh fish for dinner. My father chose big fish, and the fish seller packed them carefully.

Next, we went to the grocery store. My mother bought fruits and vegetables like apples, oranges, carrots, and tomatoes. The grocery store had many healthy foods.

After that, we stopped at the bakery. The bakery smelled very nice! We bought bread, cakes, and cookies for dessert.

Finally, we visited the bookstore. I picked a beautiful storybook to read at home. I was very happy because I love reading books.

Every place sells different goods. People visit many places to buy the things they need.

Important Details:

- A fish market sells fish.
- A grocery store sells fruits and vegetables.
- A bakery sells bread, cakes, and cookies.
- A bookstore sells books and storybooks.
- Different places sell different goods.
- Families visit shops to buy things they need.
- Goods are things people buy or use.



Exercises/ Answer the following:

I. Choose the correct answer and circle it.

1. **Where did the family buy fish?**
 - a. bookstore
 - b. fish market
 - c. bakery
2. **What did Ahmad's mother buy at the grocery store?**
 - a. vegetables and fruits
 - b. toys
 - c. books
3. **Which place sells bread and cakes?**
 - a. bakery
 - b. pharmacy
 - c. fish market
4. **What did Ahmad choose at the bookstore?**
 - a. medicine
 - b. storybook
 - c. vegetables

5. What are goods?

- a. animals
- b. things people buy or use
- c. games

II. Read each sentence carefully. Write True or False.

1. A bakery sells books. _____
2. A grocery store sells fruits and vegetables. _____
3. Ahmad bought a storybook. _____
4. Different places sell the same things. _____
5. Goods are things people buy or use. _____

Activity (Reflection):

1. **Activity: Match the Goods to the Correct Shop**

Draw a line to match the goods with the correct shop.

GOODS		SHOPS	
1	bread 	•	BAKERY 
2	fish 	•	
3	storybook 	•	FISH MARKET 
4	apples 	•	
5	cake 	•	GROCERY STORE 
6	vegetables 	•	
7	cookies 	•	BOOKSTORE 
8	notebook 	•	

2. Why do people visit different shops?

AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Unit 2: Places all around

Lesson 5: Shopping Time

Vocabulary:

- **Supermarket:** A large store where people buy many things.
- **Goods:** Things people buy or use.
- **Aisles:** Long rows in a supermarket with different items.
- **Trolley:** A cart used to carry shopping items.
- **Tags:** Small labels that show the price of items.
- **Cashier:** A person who takes money for goods in a store.

Lesson Content: Shopping Time

Today, my mother and I went to the supermarket. We took a trolley to carry our shopping items. The supermarket was very big and clean.

First, we visited the fruit aisle. My mother bought apples, bananas, and oranges. Then we went to the vegetable aisle to buy carrots, tomatoes, and potatoes.



Next, we walked to the snacks aisle. I saw cookies, chips, and chocolate. My mother allowed me to choose one small snack.

After that, we visited the drinks aisle. There were water bottles, juice, and milk. We checked the price tags before buying the items.

Finally, we went to the cashier. The cashier scanned the goods, and my mother paid for everything. I helped put the shopping bags in the trolley.

Shopping at the supermarket helps families buy many things in one place.



AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Important Details:

- A supermarket sells many different goods.
- People use a trolley to carry shopping items.
- Goods are placed in different aisles.
- Tags show the prices of items.
- A cashier takes money for goods.
- Families buy food and other things from supermarkets.
- Supermarkets help people buy many things in one place.

Exercises/ Answer the following:

A. Choose the correct answer and circle it.

1. Where did Ahmad go with his mother?
 - a. fish market
 - b. supermarket
 - c. bookstore
2. What did they use to carry the shopping items?
 - a. basket
 - b. trolley
 - c. box
3. What do tags show?
 - a. colors
 - b. names
 - c. prices
4. Who takes money at the supermarket?
 - a. teacher
 - b. cashier
 - c. doctor
5. What did Ahmad choose from the snacks aisle?
 - a. fish
 - b. vegetables
 - c. one snack

B. Read each sentence carefully. Write True or False.

1. A supermarket sells many different goods. _____
2. A trolley is used to carry shopping items. _____
3. Tags show the weather. _____
4. The cashier takes money for goods. _____
5. Families can buy many things from one supermarket. _____

Activity (Reflection):

1.

Match the Words to the Pictures

Draw a line to match each word with the correct picture.

WORDS

1

trolley

2

cashier

3

tags

4

aisles

PICTURES



2. Why do people like shopping in supermarkets?

UNIT 3: KNOW ME MORE



Unit 3: Know me more

Lesson 1: Meet My Friends

Vocabulary:

- **Friend** – A person who helps you is a friend.
- **Together**- Working or playing with friends or family.
- **Forgive**- Forgive means when someone makes a mistake or hurts you, you stop being angry and give them another chance to be nice.
- **Care**- Helping others feel safe, happy, and loved.

Lesson Content: Meet My Friends

Hello, my name is Abdullah.
I have two special friends,
Ahmad and Reem. They play
with me, help me when I need
them, and listen to me when I
have a problem.
Ahmad practices football.
Sometimes, I join him when he
plays. We also go swimming
together. We have fun and
enjoy spending time with each
other>



Ahmad plays the
violin. Reem sings nice
songs too. We go to
school and eat lunch
together. We have many
other friends there.
Sometimes, we fight
together, but we always
forgive each other.
“Everyone could be mistaken,” says Ahmad. We also
care one another. When I am sick Ahmad and Reem
come over. They never leave me alone.



AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Important Details:

- **Friend:** a person who stays with us and keeps our company
- Activities they can do **together**, such as playing the violin, playing football, singing, and much more.
- It is really nice to go to school and enjoy our time with our **friends**. At school, we play **together**, eat together during recess, and learn new things together.
- We never fight with each other and if we do we apologize for each other and **forgive** one another.

Exercises/ Answer the following:

A. Choose the answer from the box and write in the blank.

Friend	care	Together	Forgive
---------------	-------------	-----------------	----------------

1. When I am sick Ahmad and Reem come over. They never leave me alone. We call it _____.
2. _____ is a person who stays with us and keeps our company.
3. Activities they can do _____, such as playing the violin, playing football, singing, and much more.
4. We never fight with each other and if we do we apologize for each other and _____ one another.

B. Write an activity and draw your favorite activity that you do with your friends. Color it nicely!



Activity:

Activity (Reflection):

A. Do friends make fun or laugh at each other behind others back or in front of them?

B. I invited my friend to come over to my house. I wanted to watch TV while he/she wanted to play. What should I do?

AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Unit: 3 Know me more

Lesson 2 : Tips to Remember

Vocabulary:

- **Visit-** go to see and spend time with (someone)
 - Ex: "I came to visit my grandmother."
- **Welcome-** used to **greet** someone in a **polite** or friendly way
- **Borrow-** means to take something with the promise to give it back later
- **Lend-** means to give something to someone for a little while, with the promise that they will give it back to you later
- **Enjoy -** to find pleasure or happiness in it, like when you have fun playing games or eating your favorite food.

Lesson Content: The Sharing Basket

The Sharing Basket

One sunny morning, Lina the Rabbit brought her favorite red ball to school.

"Wow!" said Omar the Bear. "Can we play with it too?"

Lina smiled. "Yes! We can share."

The friends rolled the ball to each other and laughed happily.



Later, Omar saw that he forgot his crayons. He looked sad.

"Can I borrow your blue crayon?" he asked politely.

"Of course," said Lina. "You can use it and give it back when you finish."

After coloring his picture, Omar returned the crayon.

"Thank you for lending it to me," he said.

"You're welcome," Lina replied.

Then the teacher showed the class a big basket.

"This is our Sharing Basket," she said. "We can share toys, lend school things, and borrow kindly."

Important Details:

- Belongings are things that belong to us.
- Sharing means letting others use something together.
- Lending means giving something for a short time.
- Borrowing means using something and returning it later.

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Exercises/ Answer the following:

Part 1: Circle the Correct Answer.

1. Lina shared her _____.

- a. crayons
- b. ball
- c. book

2. Omar borrowed a _____.

- a. toy car
- b. blue crayon
- c. ruler

3. When we borrow something, we should _____ it.

- a. keep
- b. hide
- c. return

Part 2: Draw a line to match a word.

Word
Sharing
Lending
Borrowing
Belongings

Meaning
Using something and giving it back
Things that belong to us
Using something together
Giving something for a short time

Activity (Reflection):

“The Sharing Basket”

1. How did Lina help Omar?

2. How do you feel when someone shares with you?

- a. Happy
- b. Excited
- c. Thankful

3. What should we say when we borrow something?

4. What should we do after borrowing something?

AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Unit 3: Know me more

Lesson 3: Addressing Others

Vocabulary:

- **Speaking** - when someone says something using words.
- **Listening** - You hear and understand what other person is trying to tell you.

Lesson Content: The Listening Ears

The Listening Ears

One morning, Maha the Cat went to school with a big smile.

In class, the teacher said, “Today we will learn about speaking and listening.”

Maha loved to talk, but sometimes she forgot to listen.

At recess, Salem the Fox said, “Maha, look at my new kite!”

But Maha kept talking about her own toys and did not listen. Salem looked a little sad.



Later, the teacher told the class a story. Everyone stayed quiet and listened carefully. Maha listened too. She learned many new things!

After class, Maha remembered Salem’s kite.

“I’m sorry I didn’t listen before,” she said kindly. “Can you tell me about your kite now?”

Salem smiled. “Yes! It can fly very high in the sky!”

Maha listened carefully and asked questions.

“Thank you for listening,” Salem said happily.

Important Details:

- We speak kindly to others.
- We listen when someone is talking.
- Good listening shows respect and care.
- Speaking and listening help us make friends.

Exercises/ Answer the following:

Part 1: Put a check to the Correct Answer.

1. Who forgot to listen at first?
 - a. Salem
 - b. Maha
 - c. Teacher
2. What did Salem show Maha?
 - a. a ball
 - b. a kite
 - c. a book
3. What should we do when someone is talking?
 - a. Shout
 - b. Listen carefully
 - c. Walk away

Part 2: Yes or No

1. Listening helps us learn new things.
☐ Yes ☐ No
2. We should interrupt people when they speak.
☐ Yes ☐ No
3. Speaking kindly helps us make friends.
☐ Yes ☐ No

Part 3: Fill in the Blank.

Word Bank:

kite – respect – listen

1. Maha learned to _____ carefully.
2. Salem had a new _____.
3. Good listening shows _____ and care.

Activity (Reflection):

Think and Answer

1. Why was Salem sad at first?

2. How did Maha become a good listener?

3. What can you do to show good listening?

- a. look at the speaker
- b. stay quiet
- c. listen carefully

AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Unit: 3 Know me more

Lesson 4: Using Magic Word

Vocabulary:

- **Please-** When we want to ask someone to do something for us, we say please to show politeness.
- **Excuse me-** when we want to pass and someone is in the way, bumping into one of our friends while playing, or even when you have to interrupt an adult talking to say something really important.
- **I'm sorry-** . If anyone was mad or angry at us, we can say sorry to show that we really regret what happened and that we didn't mean to make the person angry.
- **Thank you-** We say thank you if someone helped us do something

Lesson Content: Using Magic Word

The Magic Words

One day, Rami the Lion went to school with his friend Nora the Rabbit.

Their teacher smiled and said, "Today we will learn about magic words!"

Rami looked surprised. "Real magic?" he asked.

The teacher laughed gently. "These magic words make people happy and kind."

At snack time, Nora gave Rami an apple.

Rami smiled and said, "Thank you!"

Nora felt happy.

Later, Rami wanted to use Nora's crayons.

"Please may I use your crayons?" he asked politely.

"Yes, you may," said Nora.

While coloring, Rami accidentally dropped a crayon on the floor.

"Oh no! I'm sorry," he said.

"That's okay," Nora replied kindly.

At the end of the day, the teacher asked, "What are our magic words?"

The children answered together:

- "Please" when we ask for something.
- "Thank you" when someone helps us.
- "Sorry" when we make a mistake.

MAGIC WORDS



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- “Excuse me” to be polite.

The teacher smiled. “Magic words make our classroom a happy place!”
Everyone used their magic words and had a wonderful day.

Important Details:

- “Please” when we ask for something.
- “Thank you” when someone helps us.
- “Sorry” when we make a mistake.
- “Excuse me” to be polite.

Exercises/ Answer the following:

Part 1: Put check in the correct Answer.

- Who gave Rami an apple?
 - ☐ Teacher
 - ☐ Nora
 - ☐ Ali
- What did Rami say after getting the apple?
 - ☐ Goodbye
 - ☐ Thank you
 - ☐ Sorry
- Which magic word do we use when asking politely?
 - ☐ Please
 - ☐ Sorry
 - ☐ Hello

Part 2: Match the Magic Words.

Magic Word
Please
Thank you
Sorry
Excuse me

When We Use It
When someone helps us
When asking for something
To be polite
When we make a mistake

Part 3: Fill in the Blank.

Word Bank:

Please – Sorry – Thank you

1. Rami said “_____” after Nora gave him an apple.
2. We say “_____” when we make a mistake.
3. We use “_____” to ask politely.

Activity (Reflection):

Think and Answer.

1. What are the magic words in the story?

2. When do we say “please”?

3. When do we say “thank you”?

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Lower Grade Section

Unit 3: Know me more

Lesson 5: Let's Communicate

Vocabulary:

- **Communicate**- It is when we speak and listen to others.
- **Think** - You need to think before you say any bad word. A word that harms your friend's feeling is a bad word.

The Kindness Language

In Miss Rose's class, the children learned three rules for talking to others:

1. Look at the person.
2. Use a quiet voice.
3. Say "please," "thank you," "excuse me," and "sorry."

The Block Tower

Tom and Jay were building a block tower. Jay needed the blue block that Tom had.

Jay looked at Tom. He used his quiet voice and said, "May I please have the blue block?"

Tom smiled. "Yes, here you go."

"Thank you," said Jay.

The Crayon Crash

Anna bumped into Ben's desk. His crayons fell on the floor.

Anna looked at Ben. She said, "I am sorry, Ben. It was an accident."

Ben said, "It's okay."

A Happy Class

Every day, the children used kind words. Their classroom was happy, and everyone felt good.



Important Details:

Three Main Rules (The Kindness Language)

1. **Look with your eyes** – Look at the person you are talking to.
2. **Use your quiet voice** – Not shouting, not whispering. A friendly inside voice.
3. **Say the magic words** – *Please, thank you, excuse me, sorry.*

Exercises/ Answer the following:

Part 1: Circle the Good Choice.

1. You want a turn with the red ball.
A) “Give me that!”
B) “May I please have a turn?”
2. You bump into your friend by accident.
A) Say nothing and run away.
B) “I am sorry. It was an accident.”
3. Your friend gives you a sticker.
A) “Thank you!”
B) “I wanted a bigger one.”

Part 2: Draw and Match.

Draw a line from the situation to the magic word you should say.

Situation
You want a crayon from your friend.
You bump into someone by mistake.
Your teacher helps you tie your shoe.

Magic Word
Sorry
Thank you
Please / Excuse me

Activity (Reflection):

Part 1: Draw and Write. Think about one time today or yesterday when you used kind words with someone. Draw a picture of that moment in the box below.

My Kindness Picture

UNIT 4: THINGS MATTER



AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Unit 4: Things Matter

Lesson 1: What are Manners

Vocabulary:

- **Manners-** behavior and actions that show respect, kindness, and understanding.
- **Respect-** speaking politely.
- **Kindness-** caring about other people's feelings.
- **Understanding**
- **Behavior-** the way you act inside or outside of your home.

Lesson Content: The Kind Words Picnic

The Kind Words Picnic

One sunny morning, Teacher Mia told the class, "Today, we will have a picnic outside!" The children were very excited. Liam quickly ran to get the basket, but he almost bumped into Emma. "Oh, sorry, Emma," said Liam kindly. "That's okay," Emma smiled. When they reached the picnic area, Noah saw that Ava was carrying heavy juice boxes. "Let me help you," Noah said politely. "Thank you!" Ava replied happily.

During snack time, the children used kind words like "please," "thank you," and "excuse me." They also waited for their turn and shared their food nicely. Teacher Mia smiled and said, "I am proud of you all. Respectful manners make everyone feel happy and loved." The children learned that being polite and respectful helps make school a fun and friendly place for everyone.

GOOD MANNERS AT SCHOOL



Important Details:

- **Main Idea:** Showing respectful manners makes others feel happy and cared for.

Respectful Behaviors in the Story:

- Saying “sorry”
 - Helping others
 - Saying “please” and “thank you”
 - Waiting for their turn
 - Sharing with others
- **Lesson/Moral:** Good manners and kindness help everyone become good friends and create a happy classroom.

Exercises/ Answer the following:

A. Find the Respectful Behavior: Circle the sentence that shows good manners.

1. Saying “Thank you”
2. Pushing a friend
3. Helping carry the basket
4. Shouting at classmates
5. Waiting for your turn

B. Fill in the Blanks: Choose the correct word: please, sorry, thank you.

1. “_____ for helping me carry the juice boxes.”
2. “_____, Emma. I almost bumped into you.”
3. “Can you help me, _____?”

C. True or False: Write T if the sentence is correct according to the story and F if not.

1. Liam said sorry to Emma. _____
2. Noah refused to help Ava. _____
3. The children used kind words. _____
4. The students shared their food nicely. _____

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Activity (Reflection):

“Good Manners Matter”

Directions: Draw or write about one respectful thing you can do at school or at home.

Examples:

- Helping a friend
- Saying “thank you”
- Waiting for your turn
- Sharing your things

Reflection Questions:

1. How do you feel when someone is kind to you?

2. What respectful behavior will you practice every day?

AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Unit 4: Things Matter

Lesson 2: Sharing by Caring

Vocabulary:

- **Sharing** – shows care and concern to others
- **Belongings** – things that are for you.
- **Taking turns** – waiting for your turn patiently.

Lesson Content: Sharing by Caring

The Big Box of Crayons

One day in Grade 1, Teacher Ana placed a big box of crayons on the table. “We will make rainbow pictures today,” she said happily. The children became excited. Ben quickly picked many crayons and kept them beside him. Soon, Mia could not find the blue crayon she needed. “Can I borrow the blue crayon, please?” Mia asked kindly. Ben looked at the large pile beside him. He remembered what Teacher Ana always said: “Sharing means caring for others.” Ben smiled and handed the blue crayon to Mia. “Here you go,” he said. “Thank you, Ben!” Mia replied. Soon, the children started sharing crayons, paper, and stickers with one another. Everyone was smiling and helping each other. At the end of the activity, Teacher Ana said, “Sharing helps us become kind and thoughtful friends.” The children learned that sharing means letting others use or enjoy things too, and it makes everyone feel happy and included.



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Important Details:

- **What Sharing Entails:**
 - Being kind to others
 - Taking turns
 - Letting others use what you have
 - Thinking about other people's needs

Exercises/ Answer the following:

A. Connect the picture to the happy face if it shows caring for others and sad if not.



B. Find the Sharing Behavior: Circle the picture or sentence that shows sharing.

1. Giving a crayon to a friend
2. Keeping all the toys alone
3. Sharing snacks with classmates
4. Refusing to help others
5. Taking turns during games

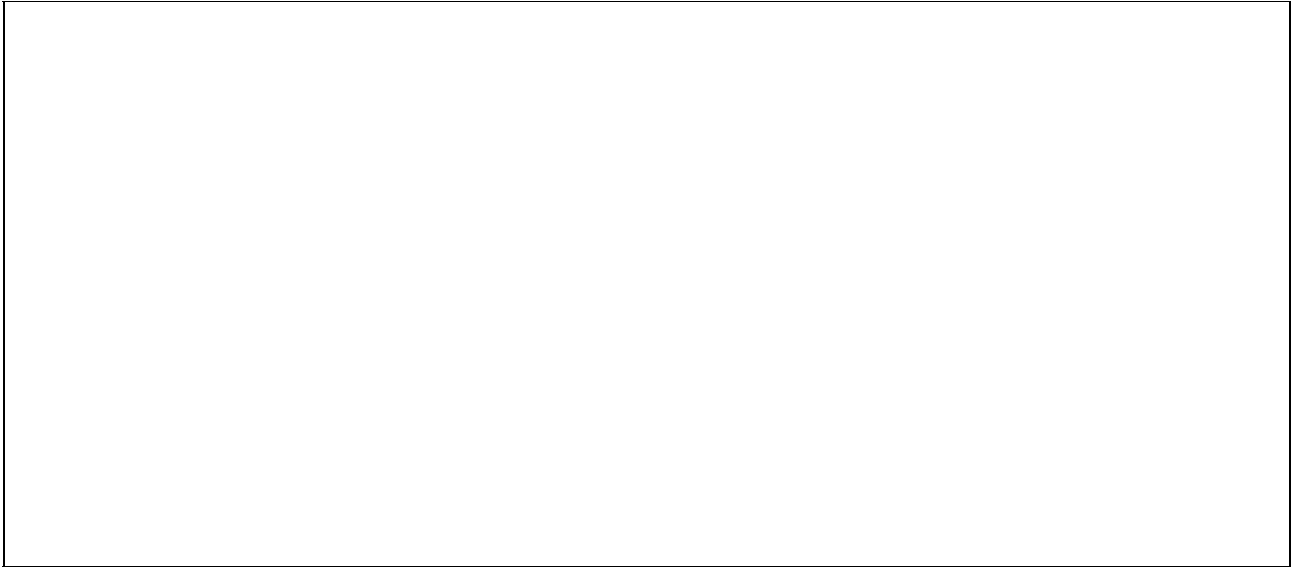
Activity (Reflection):

“Sharing Makes Us Happy”

Directions: Think about a time when you shared something with someone. Draw a picture or write a sentence about it. Draw in the space provided.

Examples:

- Sharing toys with a friend
- Sharing food with family
- Sharing crayons in class



Reflection Questions:

1. What did you share?

2. How did the other person feel?

AL NOOR INTERNATIONAL SCHOOL
Lower Grade Section

Unit 4: Things Matter

Lesson 3: Caring for My Body

Vocabulary:

- **Hygiene-** taking care of yourself and how you make yourself clean.

Lesson Content: Caring for my Body

The Healthy Habits Club

One morning, Teacher Rose asked the Grade 1 class, “Who wants to join the Healthy Habits Club?”

All the children raised their hands excitedly.

Teacher Rose smiled and said, “To join the club, we must take care of our bodies every day.”

After recess, Leo ate an apple instead of too much candy. Mia washed her hands before eating lunch. Noah drank plenty of water after playing outside, and Ava brushed her teeth after snack time.

Later, the children felt strong, clean, and full of energy during class activities.

Teacher Rose said, “Our bodies help us learn, play, and grow. That is why we should care for them by eating healthy food, exercising, sleeping well, and staying clean.”

The children happily promised to practice healthy habits every day.

Caring For Our Body



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Important Details:

- **Healthy Habits in the Story:**
 - Eating healthy food
 - Washing hands
 - Drinking water
 - Brushing teeth
 - Exercising and playing
 - Sleeping well
- **Why Taking Care of the Body Is Important:**
 - Helps us grow strong
 - Keeps us healthy and clean
 - Gives us energy to learn and play
 - Prevents sickness

Lesson/Moral: Good health habits help children take care of their bodies every day.

Exercises/ Answer the following:

**A. Match each child with the activity that is good for him or her.
Draw a line to connect them.**



Reflection Questions:

1. What is one healthy habit you do every day?

2. How do you feel when you take care of your body?

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Unit 4: Things Matter

Lesson 4: Caring For Actions

Vocabulary:

- **Lie** - not telling the truth
- **Trust** - not telling lies
- **Cheat** - to act dishonestly or unfairly to gain an advantage

Lesson Content: Caring For Actions

The Lost Crayon Case

One morning in Grade 1, Teacher Lina gave the class an art activity. “Today, you will draw your favorite animal,” she said.

Each child received a set of crayons.

During the activity, Mia noticed that her blue crayon was missing. “Oh no! My blue crayon is gone,” she said sadly.

Teacher Lina asked, “Did anyone see Mia’s crayon?”

Leo quietly said, “I didn’t take it,” even though he knew he had borrowed it without asking.

Ben looked at Leo and said, “We should always tell the truth. It helps people trust us.”

Leo felt a little worried. He thought for a moment and then said, “I’m sorry, Teacher Lina. I took the crayon by mistake. I forgot to ask.”

Teacher Lina smiled gently. “Thank you for telling the truth, Leo. Being honest builds trust.”

Leo returned the crayon to Mia. “Here is your crayon,” he said.

Mia smiled. “Thank you for telling the truth.”

Teacher Lina reminded the class, “Cheating and lying may cause problems, but honesty helps us build trust and become good friends.”

The children continued their drawing happily, knowing that truthfulness is very important.



Important Details:

- **Main Idea:** Avoiding negative actions like lying and cheating helps build trust and friendship.
- **Negative Actions in the Story:**
 - Lying about taking the crayon
 - Taking something without asking
- **Positive Actions in the Story:**
 - Telling the truth
 - Saying sorry
 - Returning what was taken
 - Building trust

Lesson/Moral: Honesty builds trust, while lying and cheating can hurt friendships and cause problems.

Exercises/ Answer the following:

A. True or False: Write True if the statement is correct and False if not.

1. Mia lost her blue crayon. _____
2. Leo told the truth right away. _____
3. Ben said honesty is important. _____
4. The teacher said lying builds trust. _____
5. Leo returned the crayon after telling the truth. _____

B. Multiple Choice: Circle the correct answer.

1. What did Leo take without asking?
 - a. Pencil
 - b. Crayon
 - c. Book
2. What is the right thing to do?
 - a. Lie
 - b. Tell the truth
 - c. Hide it
3. What did the teacher say honesty does?
 - a. Builds trust

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- b. Makes problems
- c. Causes cheating

C. Fill in the Blank: Use the words: (truth, trust, sorry)

1. Telling the _____ helps people believe you.
2. Honesty builds _____ between friends.
3. Leo said _____ for taking the crayon.

Activity (Reflection):

“My Honest Heart”

Directions: Draw a big heart. Inside the heart, draw or write 3 things that show honesty.

Examples:

- Telling the truth
- Saying sorry
- Returning borrowed things



Unit: 3 Things Matter

Lesson 5: Caring For My Sportsmanship

Vocabulary:

- **Sportsmanship** - accepting losing or winning of other teams
- **Lose** - not winning the game
- **Win** - to achieve first position, success, or victory in a competition, election, or argument

Lesson Content: Caring For My Sportsmanship

The Friendly Race Day

One sunny morning, Grade 1 teacher Mrs. Carla announced, “Today is Sports Day!” The children were very excited. They would join a short running race.

Before the race started, Mrs. Carla said, “Remember, sportsmanship means being kind, fair, and happy for others—even when you don’t win.” The whistle blew! The children ran as fast as they could.

Leo was running quickly, but he tripped a little. Mia slowed down and said, “Are you okay?” She helped him stand up before continuing the race.

At the finish line, Ava came in first. The other children clapped and said, “Good job, Ava!” Ava smiled and said, “Thank you! You all did great too!” Even Leo, who did not win, smiled and said, “I’m happy I finished the race.” Mrs. Carla was very proud. “This is true sportsmanship,” she said. “You were kind, fair, and happy for each other.”

The children learned that sportsmanship means doing your best, playing fairly, and being kind no matter what.



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Lower Grade Section

Important Details:

Main Idea: Sportsmanship means playing fairly, being kind, and respecting others.

Examples of Sportsmanship in the Story:

- Helping a friend who fell
- Cheering for the winner
- Being happy even if you don't win
- Playing fairly in the game

Lesson/Moral: Good sportsmanship means being kind, fair, and respectful whether you win or lose.

Exercises/ Answer the following:

A. True or False: Write T if the statement is correct and F if not.

1. The children had a Sports Day. _____
2. Mia ignored Leo when he fell. _____
3. Ava won the race. _____
4. The children were happy for Ava. _____
5. Sportsmanship means being unkind. _____

B. Multiple Choice: Circle the correct answer.

1. What event did the class have?
 - a. Picnic
 - b. Sports Day
 - c. Exam
2. What did Mia do when Leo fell?
 - a. Helped him
 - b. Ignored him
 - c. Laughed
3. What is sportsmanship?
 - a. Being unfair
 - b. Being kind and fair
 - c. Winning only

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Lower Grade Section

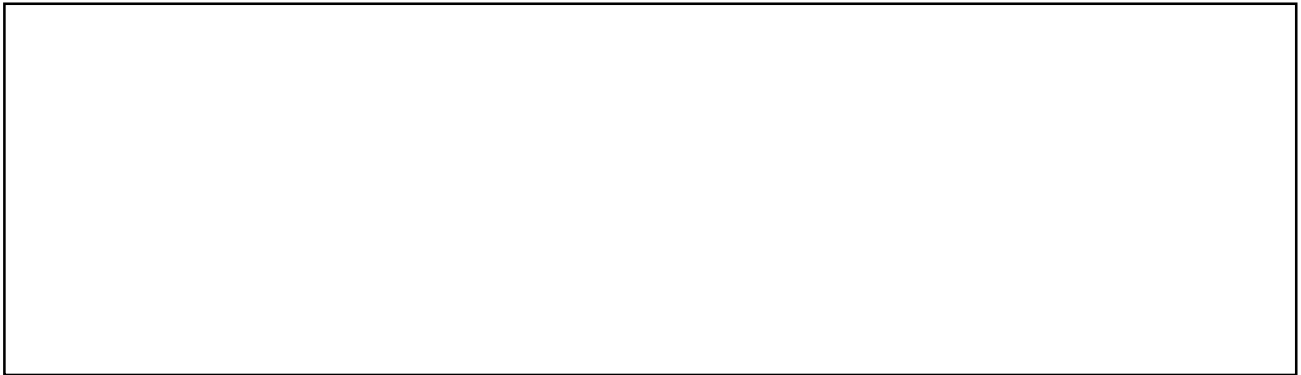
C. Fill in the Blank: Use the words: (kind, fair, happy)

1. Sportsmanship means being _____ to others.
2. We should play _____ in games.
3. We feel _____ even if we don't win.

Activity (Reflection):

“I Am a Good Sport”

Directions: Think about the story *The Friendly Race Day*. Draw your ideas.

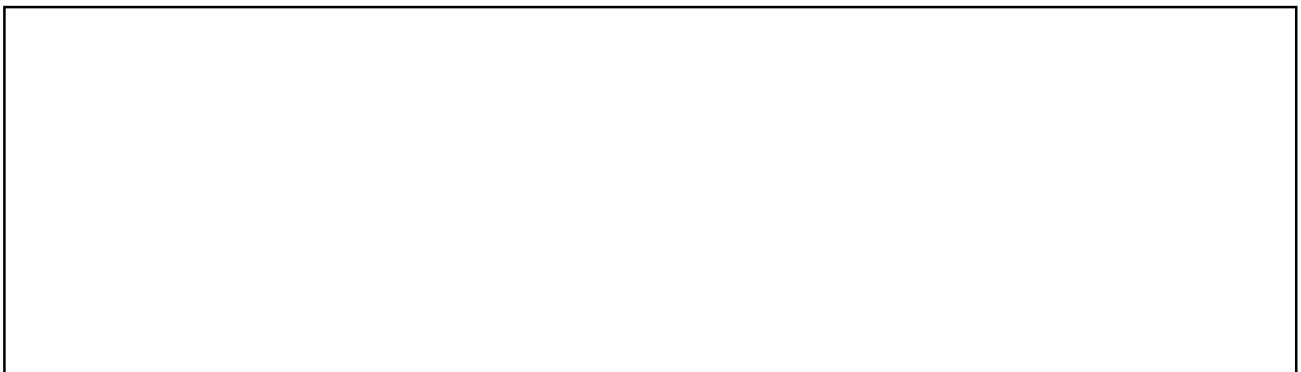


My Reflection

1. I show good sportsmanship when I _____.
2. When I play games, I feel _____.
3. If I do not win, I will _____.
4. One kind thing I can do in a game is _____.

Draw Time:

Draw yourself being a good sport (example: clapping for others, helping a friend, or smiling in a game).



UNIT 5:

EXPLORE THE EARTH



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AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Unit 5: Exploring Earth

Lesson 1 : Our Planet

Vocabulary:

- **Globe** – It looks like a sphere, and shows the continents and oceans of planet Earth.
- **Land** - The solid, dry part of Earth. It has mountains, deserts, and soil.
- **Water**- The large area of salty water. It covers most of our planet.
- **Continents** -are the large land areas on Earth.
- **Recycle** – Using materials again instead of throwing them away.

Lesson Content: Our Planet

What is Our Planet?

Earth is the planet where we live. It has land, water, air, plants, animals, and people. Earth is special because it is the only planet we know that has life. It is a big, round ball in space where we live. Earth is made of two main parts: the dry **Land** and the blue **Sea**.

The Seven Continents

There are seven continents on Earth:

1. Asia
2. Africa
3. Europe
4. North America
5. South America
6. Australia
7. Antarctica



Land and Water

Most of Earth is covered with water. Oceans, rivers, and lakes give water to people, plants, and animals. The land is where we build homes, schools, and parks.

Caring for Our Planet

We can help our planet by:

- Throwing trash in bins
- Recycling paper, plastic, and bottles
- Saving water
- Planting trees
- Keeping our surroundings clean

AL NOOR INTERNATIONAL SCHOOL
Lower Grade Section

Important Details:

- Earth is shaped like a sphere (a ball).
- There is more water on Earth than there is land.
- Animals like camels live on land, while animals like whales live in the sea.

Exercises/ Answer the following:

I. Fill in the blanks: Choose your answer in the box.

Plant	Asia	Earth	clean	seven
-------	------	-------	-------	-------

1. We live on the planet _____.
2. There are _____ continents on Earth.
3. _____ is the largest continent.
4. We should _____ trees to help the Earth.
5. We must keep our planet _____.

II. Multiple Choice Questions: Circle the correct answer.

1. What planet do we live on?
 - a. Mars
 - b. Earth
 - c. Jupiter
2. How many continents are there on Earth?
 - a. Five
 - b. Seven
 - c. Ten
3. Which continent is very cold and covered with ice?
 - a. Africa
 - b. Antarctica
 - c. Asia

Short Answer/Critical Thinking question:

III. Answer the following question:

1. How can you help keep the Earth clean?

Activity (Reflection):

Draw a picture of Earth and color the continents and oceans



Reflection:



➤ *Today I learned that Earth is our planet.*

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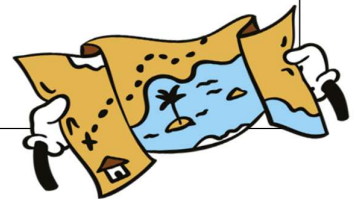
Lower Grade Section

Unit 5: Exploring Earth

Lesson 2: What are Maps?

Vocabulary:

- **Maps**- a drawing that shows where places and things are.
- **Countries**- the land of person's birth or citizenship.
- **Neighborhood**- the area around or near some place or thing.
- **Information**- knowledge learned especially about a certain event.



Lesson Content: What are Maps?

What is a Map?

A map is a drawing of a place. Maps help people find places and know where things are located. Maps can show homes, schools, roads, parks, countries, and oceans.

Types of Maps

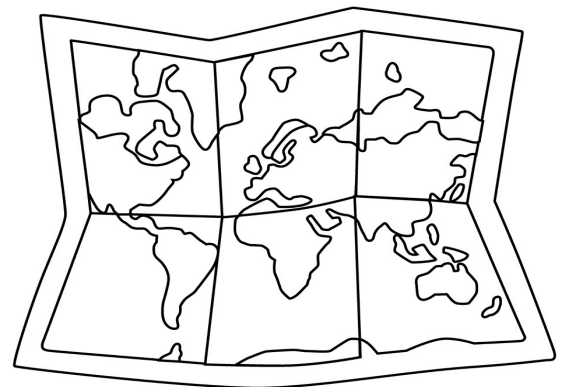
- **Road maps** show streets and roads.
- **World maps** show different countries in the world.
- **Treasure maps** show where treasures are hidden.

Maps use symbols instead of real pictures.

A blue line may show a river.

A star may show a capital city.

A tree symbol may show a park.



Important Details:

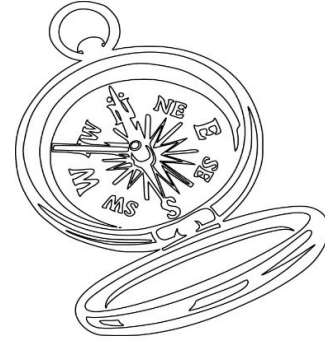
- A map is smaller than the real place.
- Maps help us travel and find directions.
- Maps use symbols to show places.
- A compass rose shows directions.
- The main directions are north, south, east, and west.

Exercises/ Answer the following:

I. Fill in the blanks: Choose the correct word from the box.

map	directions	symbols	North
-----	------------	---------	-------

1. A _____ is a drawing of a place.
2. Maps use _____ to show places.
3. A compass rose shows _____.
4. _____ is one of the main directions.



II. Match Column A to Column B:

Column A
1. Map
2. Compass Rose
3. Symbol

Column B
a. Shows directions
b. A drawing of a place
c. A sign used on a map

III. Multiple Choice: Circle the correct answer.

1. What does a map help us do?
 - a. Sleep
 - b. Find places
 - c. Cook food
2. Which of these is a direction?
 - a. Chair
 - b. Window
 - c. East
3. What may a blue line on a map show?
 - a. a river
 - b. a car
 - c. a tree
4. What does a compass rose show?
 - a. Animals
 - b. Directions
 - c. Food



AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Unit 5: Exploring Earth

Lesson 3: Parts of a Map

Vocabulary:

- **Title** – tells us what the map is about.
- **Symbols**- are small pictures or signs used on a map.
- **Map Key**- explains what the symbols mean.
- **Labels**- are words that name places on the map.



Lesson Content: Map

What Is a Map?

A map is a drawing of a place.

Maps help us find places and know where things are.

1. Title

The title tells us what the map is about.

Example: “My Classroom Map”

2. Symbols

Symbols are small pictures or signs used on a map.

Example:

♣ = Tree

🏠 = House

3. Key or Legend

The key explains what the symbols mean.

Example: ★ = School ♣ = Park

4. Compass Rose

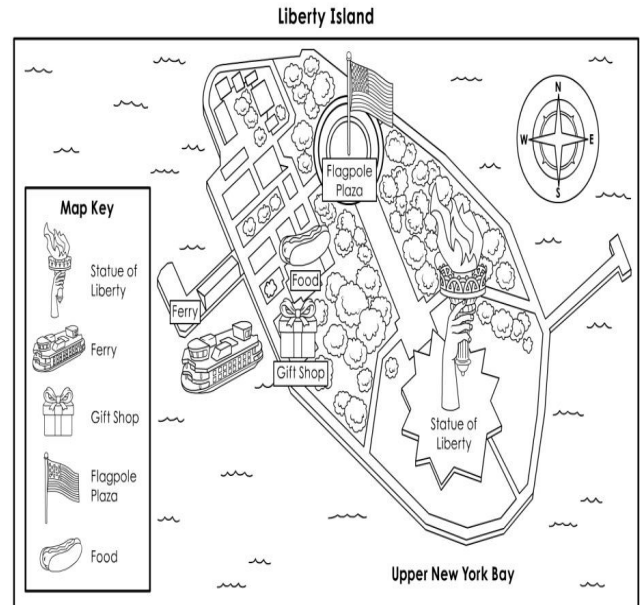
The compass rose shows directions.

Directions: • North • South • East • West

5. Labels

Labels are words that name places on the map.

Example: • Library • Park • Classroom



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Important Details:

- Every map has important parts.
- Map parts help people read and understand maps.
- Maps help us find locations and directions.

Exercises/ Answer the following:

I. Fill in the blanks: Find your answer in the word box.

Title	directions	name	place	Symbols
-------	------------	------	-------	---------

1. A map is a drawing of a _____.
2. The _____ tells what the map is about.
3. _____ are small pictures used on maps.
4. The compass rose shows _____.
5. Labels help us _____ places on a map.



II. Match Column A to Column B:

Column A

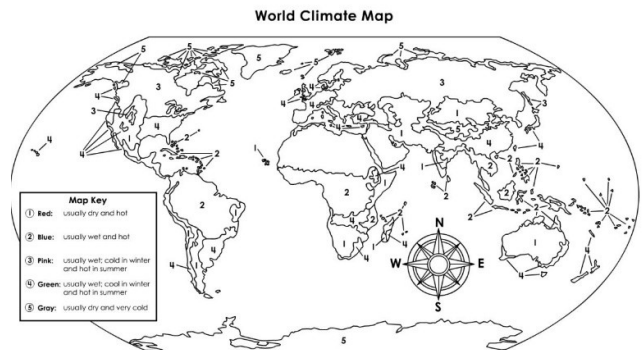
1. Title
2. Compass Rose
3. Labels
4. Symbols

Column B

- a. Shows directions
- b. Names places
- c. Tells what the map is about
- d. Small pictures on a map

III. True or False: Write T if the statement is correct and F If not.

- _____ 1. A map is a drawing of a place.
- _____ 2. The title tells what the map is about.
- _____ 3. Symbols are long sentences on a map.
- _____ 4. A compass rose shows directions.
- _____ 5. Labels help name places on a map.
- _____ 6. A map cannot show classrooms or parks.



Short Answer/Critical Thinking question:

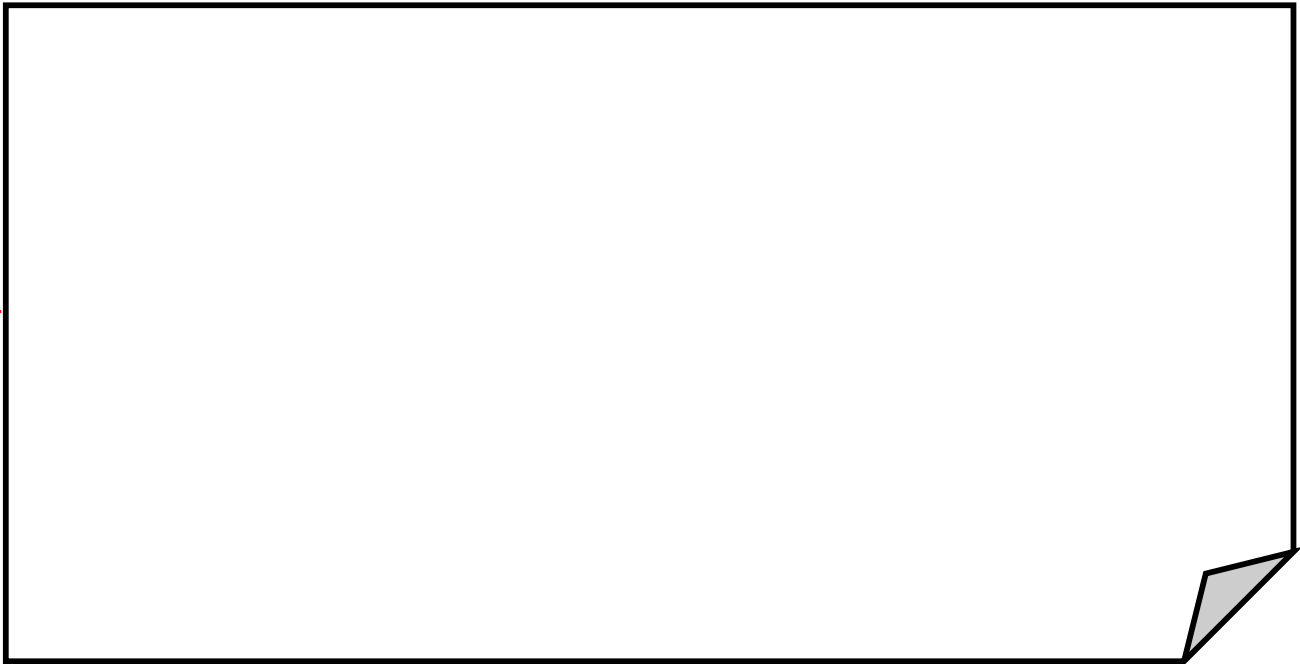
IV. Answer the following question:

1. What do symbols show?

2. What helps us know the name of a place?

Activity (Reflection)

Draw a simple map of your classroom and include: • A title • Symbols • Labels



Reflection:



Today I learned that maps have different parts.



The parts of a map help us understand places better.

AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Unit 5: Exploring Earth

Lesson 4: A Compass Rose

Vocabulary:

- **Compass rose** – A symbol on a map that shows directions.
- **Direction**- the position towards which someone or something moves or faces.

Lesson Content: A Compass Rose

What Is a Compass Rose?

A compass rose is a symbol found on maps.
It shows directions and helps people know where places are located.

The Four Main Directions

North- Points up on maps.

South- Points down on maps.

East - Points to the right.

West - Points to the left.

Example:

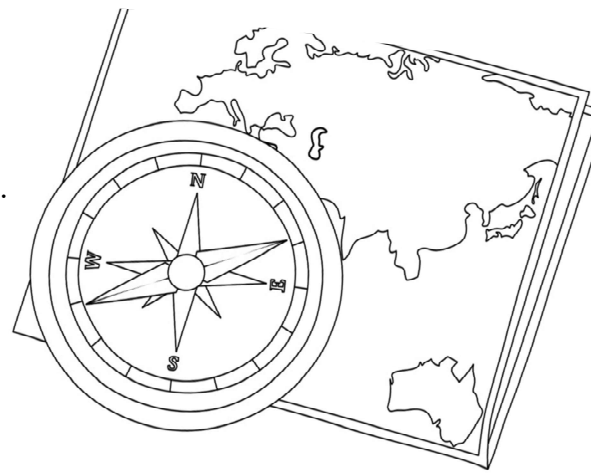
If the park is east of the school, it means the park is on the right side of the school on the map.

Why Is a Compass Rose Important?

- It helps us follow directions.
- It helps us find places on a map.
- It helps us travel from one place to another.

Important Details:

- A compass rose is a symbol on a map.
- It shows directions.
- The four main directions are: **North, South, East, West**

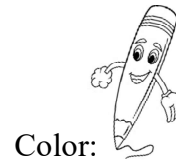
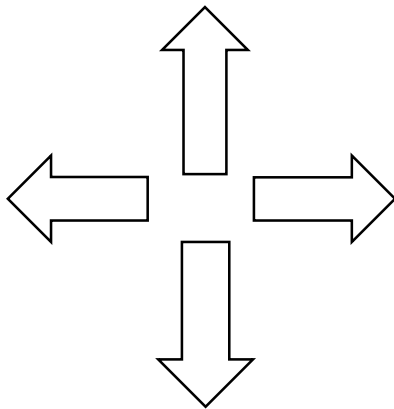


Exercises/ Answer the following:

I. Circle the letter of correct answer:

- Which direction is at the top of most maps?
a. South b. North c. West
- Which direction is opposite of East?
a. West b. North c. South
- What does a compass rose show?
a. Colors b. Numbers c. Directions

II. Color the directions using the colors listed below:



Color:

North – Red

East – Yellow

West – Green

South – Blue

III. Look at the picture. Fill in the blanks using the four main directions:

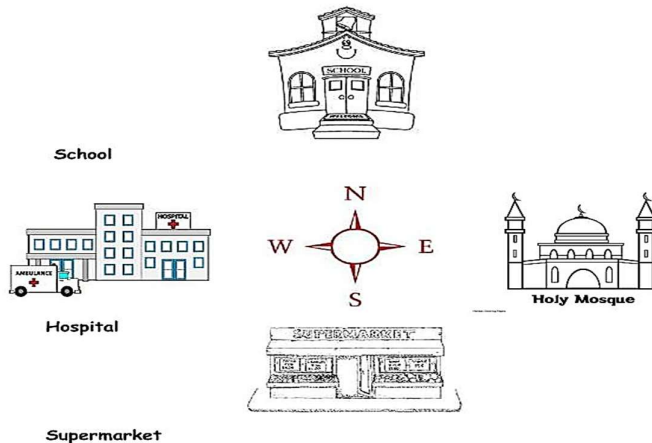
North	East	West	South
-------	------	------	-------

The **School** is in the _____.

The **Supermarket** is in the _____.

The **Hospital** is in the _____.

The **Mosque** is in the _____.



Short Answer/Critical Thinking question:

IV. Answer the following question:

1. How can directions help us in our daily life?

Activity (Reflection)

Classroom Activity

“Direction Game”

1. Stand in the classroom.
2. The teacher says a direction:
 - “Face North!”
 - “Point East!”
3. Students move or point in the correct direction.



Reflection:



Today I learned about the compass rose and directions.



We use a compass rose when reading maps at school, in parks, and while traveling.

UNIT 6: WHERE WE LIVE



AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Unit 6: Where We Live

Lesson 1: Land and Water

Vocabulary:

- **Land** - the solid part of the Earth's surface.
- **Water** - is a liquid that people, animals, and plants need to live.
- **Continent** - is a very large area of land on Earth.

Lesson Content: Land and Water

Our Beautiful Home – Earth

Lina woke up early and looked out of her window. She saw the bright sky, green trees, and colorful flowers.

Her teacher had told her that we live on a special place called Earth. Lina smiled and said, "Wow! Earth is our home!"

At school, her teacher showed a picture of Earth from space. It looked like a big blue ball with green and white parts.

The teacher explained, "The blue is water like oceans and rivers. The green is land where people, animals, and plants live."

Lina learned that Earth gives us air to breathe, water to drink, and food to eat.

She felt happy and said, "I will take care of Earth because it is our only home."

That day, Lina promised to keep Earth clean and beautiful.



Important Details:

- Earth is our home, and we all live on it together.
- Earth has **land, water, and air** that help living things survive.
- **Land** is where people, animals, and plants live.
- **Water** is found in oceans, rivers, and lakes and is important for life.
- Earth gives us what we need, such as **air to breathe, water to drink, and food to eat.**
- We must **take care of Earth** by keeping it clean and safe.
- Every small action, like **not littering and saving water**, helps protect Earth.

Exercises/ Answer the following:

A. Multiple Choice: Circle the correct answer.

1. What do we call the land on Earth?
 - a. water
 - b. continent
 - c. soil
2. How many continents are there?
 - a. seven
 - b. five
 - c. nine
3. The blue part of Earth is:
 - a. water
 - b. land
 - c. air
4. The green part of Earth is:
 - a. water
 - b. land
 - c. air

B. Color blue for water part and green for land part of the globe.



Unit 6: Where We Live

Lesson 2: What is a Continent?

Vocabulary:

- **Continent** - is a very large area of land on Earth.
- **Arab** - is a person who comes from a country where Arabic is spoken or someone connected to Arabic language and culture.
- **Non Arab** - is a person who is not from an Arab background or does not belong to Arabic language and culture.

Lesson Content: What is a Continent?

Exploring Earth's Big Land Pieces

Lina and her class were excited for their geography lesson. Their teacher said, "Today we will learn about the big land pieces on Earth called continents." She showed a big globe of Earth. The teacher explained, "Earth is made up of huge pieces of land called continents. On these continents, we find countries, cities, animals, and people."

Lina looked closely at the globe. She saw big land areas separated by oceans. Her teacher said, "There are seven continents in the world."

The continents are:

- Asia
- Africa
- Europe
- North America
- South America
- Australia
- Antarctica

Lina was amazed. "So all people in the world live on these continents?" she asked. "Yes," the teacher smiled. "Each continent has different weather, animals, and places." Lina imagined lions in Africa, penguins in Antarctica, and tall buildings in Asia. She said happily, "The world is big and full of amazing places!" Each continent has a number of countries. People live in these countries. Saudi Arabia, Algeria, and Egypt are some Arab countries. Germany and France are non Arab countries. All Arab countries are found on two continents. It is in continent Asia and continent Africa.

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Important Details:

- Earth has large land areas called continents.
- There are seven continents on Earth.
- Continents are part of Earth's land surface.
- Each continent has different countries, people, animals, and environments.
- Oceans separate the continents from each other.
- Continents help us understand where places in the world are located.
- People all over the world live on different continents but share the same Earth.

Exercises/ Answer the following:

A. Multiple Choice: Circle the letter of correct answer.

1. How many continents are there?
 - a. seven
 - b. nine
 - c. five
2. In which continents do many Arabs live?
 - a. France
 - b. Asia and Africa
 - c. Germany

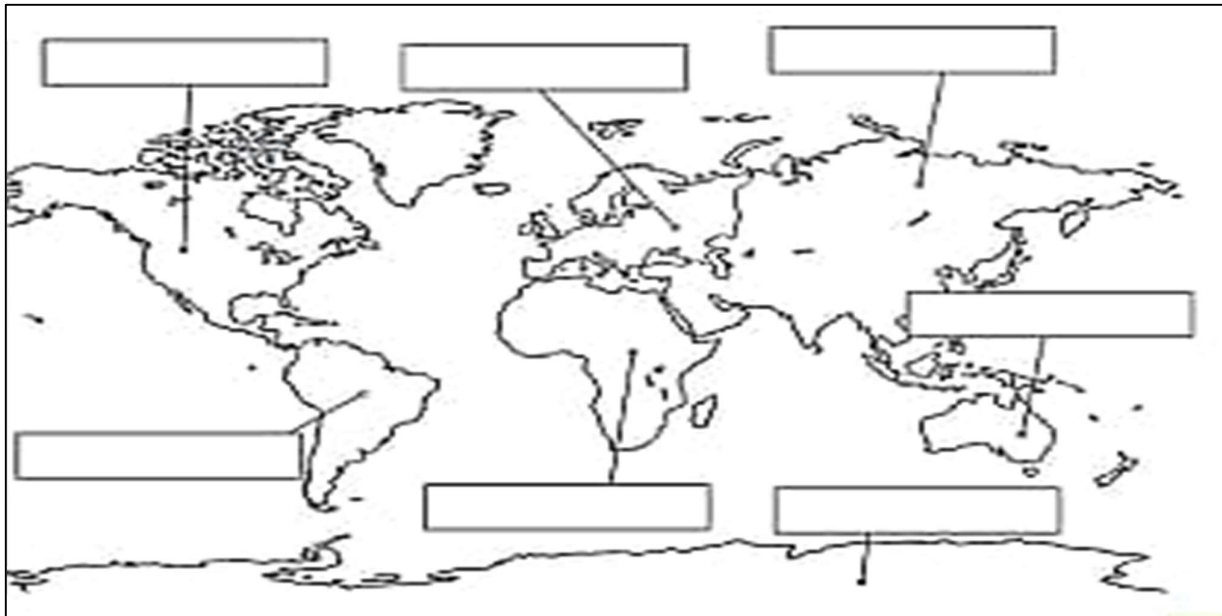
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3. In which continent you can find Saudi Arabia?
- a. Australia
 - b. Europe
 - c. Asia

B. Directions: Write the name of each continent.

Europe – South America – Asia – Australia – North America – Antarctica – Africa



AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Unit 6: Where We Live

Lesson 3: Understanding Countries

Vocabulary:

- **Capital city** -is the main city in a country.
- **Flag** - is a piece of cloth with colors and symbols that represents a country, group, or team.

Lesson Content: Understanding Countries

Every country has many other cities. Some might be big and others might be small. A flag is a symbol of a country. Every country has a special flag. **Different Countries around the World**

Lina and her classmates were in social studies class. Their teacher smiled and said, "Today, we will learn about countries!"

She showed a big map of Earth and pointed to many different places. "Earth is divided into many **countries**," the teacher explained. "A country is a place where people live, work, and follow the same rules." Lina looked at the map carefully. She saw big and small countries all over the world.

The teacher said, "Every country has its own **name, flag, and people**." Lina raised her hand. "Do all countries look the same?" she asked. "No," the teacher replied. "Some countries have deserts, some have forests, and some have snow!"

The class imagined different places:

- Hot deserts in some countries
- Tall mountains in others
- Busy cities with many buildings

Lina smiled and said, "Countries are different, but we all live together on Earth!"

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Country	Capital City	Flag
Saudi Arabia	Riyadh	
Egypt	Cairo	
Sudan	Khartoum	

Important Details:

- A **country** is a place where people live together under the same rules.
- Earth is made up of many different countries.
- Every country has a **name and a flag**.
- Countries can be **big or small**.
- Countries have different **landforms, weather, and people**.
- People in each country may speak different **languages** and follow different **cultures**.
- Even though countries are different, all people share the same Earth.

Exercises/ Answer the following:

A. True or False: Write True if the statement is correct and False if not.

- _____ 1. A capital city is the main city in a country.
- _____ 2. Beirut is the capital of Egypt.
- _____ 3. Riyadh is the capital of Saudi Arabia.
- _____ 4. A flag is a symbol of a country.

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B. Direction: Draw and color the flag of your country.

AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Unit 6: Where We Live

Lesson 4: Some Arab Countries

Vocabulary:

- **Tower** - is a tall building
- **Arab** - a person belonging to Arabic culture, language, or region

Lesson Content: Some Arab Countries

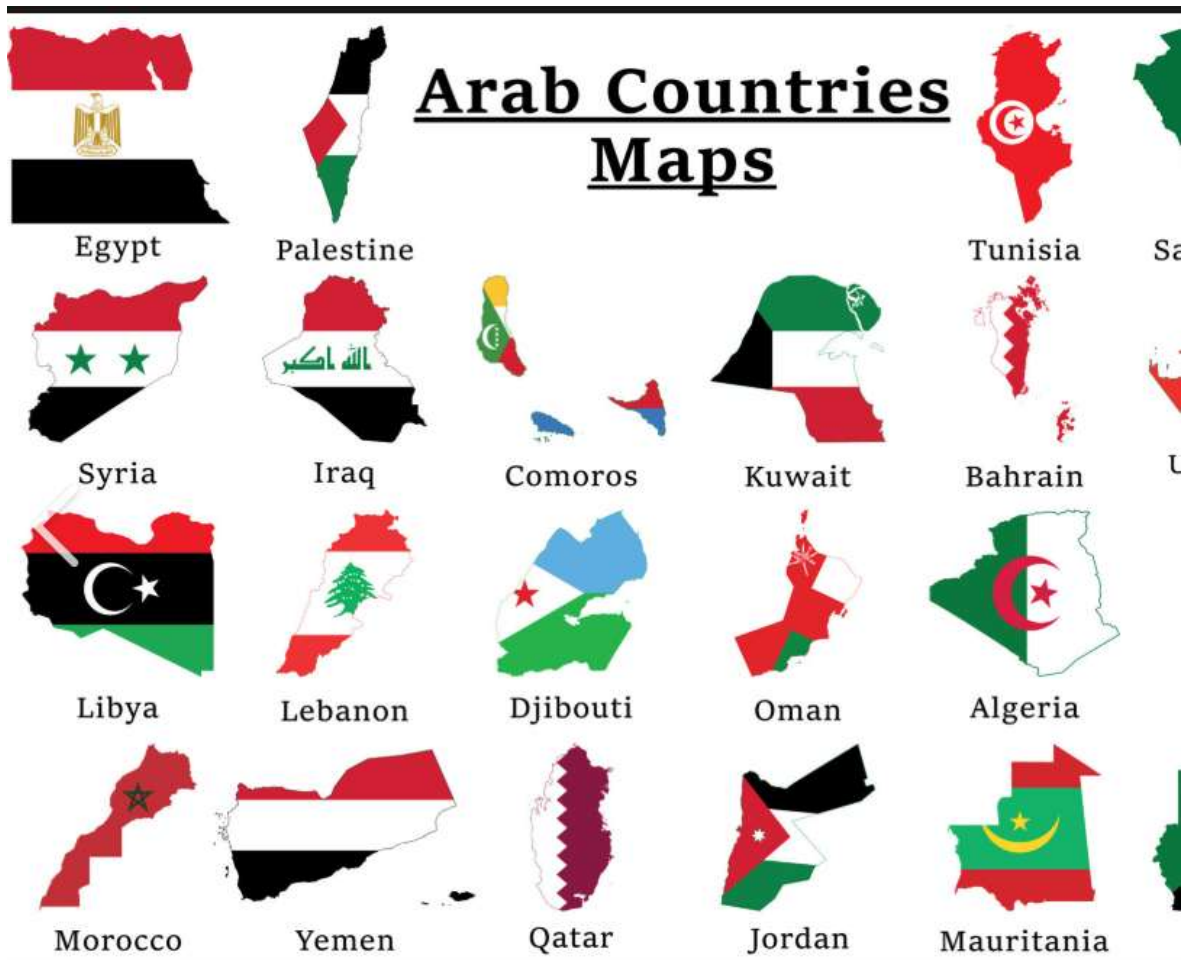
A Journey to Arab Countries

Lina and her class were very excited. Their teacher said, “Today, we will learn about special countries called Arab countries.” She showed a map of Earth and pointed to a group of countries in one region. “These are called **Arab countries**,” the teacher explained. “People in these countries often speak Arabic and share some traditions.” Lina listened carefully. The teacher showed pictures of beautiful places like deserts, cities, and mosques. “Arab countries have many different places,” the teacher said. “Some have hot deserts, and some have modern cities with tall buildings.”

Lina saw pictures of camels walking in the desert, families eating together, and children playing in parks. She smiled and said, “Arab countries are beautiful and full of life!” The teacher added, “Each Arab country has its own flag, culture, and special traditions, but people are kind and welcoming.” Lina felt happy learning about new places on Earth.

Some Arab countries are Morocco, Egypt and Kuwait. Morocco is in Africa. Its capital city is Rabat and it is famous for its mint tea. Egypt is famous for its pyramids. Egypt has the longest river in the world. It is known as the Nile River. Kuwait is in Asia. Its capital city is also called Kuwait. It is a small country and it is famous for its special tower, the Libeartion Tower.

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Important Details:

- Arab countries are a group of countries found on Earth.
- People in Arab countries often speak the Arabic language.
- Each Arab country has its own flag, culture, and traditions.
- Arab countries can have different landforms like deserts, mountains, and cities.
- Many Arab countries are known for warm hospitality and kindness.
- People in Arab countries live in both modern cities and traditional places.
- Even though they are different countries, they share some cultural similarities.

Exercises/ Answer the following:

A. Circle the correct answer

1. Which country is famous for its pyramids?
 - a. Egypt
 - b. Lebanon
 - c. Morocco

2. Which country is famous for mint tea?
 - a. Egypt
 - b. Kuwait
 - c. Morocco

3. Which country is famous for its Liberation Tower?
 - a. Egypt
 - b. Kuwait
 - c. Morocco

B. Choose the answer from the box.

Kuwait – Rabat – football – Egypt - Morocco

1. The capital of Kuwait is _____.
2. The capital city of Morocco is _____.
3. The Nile River is in _____.
4. People in Egypt enjoy playing _____.
5. It is famous for its special city lights _____.

AL NOOR INTERNATIONAL SCHOOL

Lower Grade Section

Unit 6: Where We Live

Lesson 5: My Country, My Home

Vocabulary:

- **Kingdom** - is a land or country ruled by a king or queen.
- **Country** - is a place where people live under one government and laws.
- **Home** - is the place where a person or family lives.

Lesson Content: My Country, My Home

Lina Visits the Kingdom of Saudi Arabia

Lina was very excited because her teacher had a special lesson today. The teacher said, "Today, we will learn about a wonderful country called the Kingdom of Saudi Arabia." She showed a map of Earth and pointed to a large country in the Middle East. "This is the Kingdom of Saudi Arabia," the teacher said. "It is a very special country where many people live."

Lina listened carefully as the teacher showed pictures of deserts, cities, and beautiful landmarks. The teacher explained, "Saudi Arabia has wide deserts with golden sand, and it also has modern cities with tall buildings." Lina saw pictures of camels walking in the desert and families enjoying time together. She also saw beautiful mosques and busy streets. The teacher smiled and said, "The people in Saudi Arabia are kind and welcoming. They also follow rich traditions and culture." Lina said happily, "I want to learn more about Saudi Arabia!"

Important details:

- The Kingdom of Saudi Arabia is a country on Earth.
- It is located in the Middle East.
- Saudi Arabia has deserts, mountains, and modern cities.
- The country is known for its culture, traditions, and hospitality.
- Many people in Saudi Arabia speak Arabic.
- It has important and beautiful landmarks and mosques.
- People live in both traditional and modern ways.
- Saudi Arabia is a very important and respected country in the world.

Exercises/ Answer the following:

A. Multiple Choice: Choose the letter of correct answer.

1. The biggest Arab country in Asia:
 - a. Sudan
 - b. Saudi Arabia
 - c. Egypt
3. Saudi Arabia is famous for:
 - a. dates
 - b. flowers
 - c. sea
3. Muslim travel to pray in:
 - a. Lebanon
 - b. Makkah
 - c. Syria

B. Choose one subject from the box, and draw a picture of it.

Dates – flag of Saudi Arabia - Makkah

