

AL NOOR INTERNATIONAL SCHOOL

Weekly Plan and Assignment Notification

October 18 – Oct 22, 2026

Grade 7A

Day/Date	English	Mathematics	Science
Sunday 18 - 10- 2026	Vocabulary CONNOTATION AND DENOTATION WB P. 38–39 Literature FROM A LONG WALK TO WATER. ONE DAY I HAD TO RUN SE pp. 62–67; 68–75, WB pp.36–37 https://www.youtube.com/watch?v=zuFc5lOoLHk	Topic 2 :Analyse and Use Proportional Relationships Lesson 1:Connect Ratios, Rates, and Unit Rates CW.TB pp. 90-92 HW: TB pg.93(Selective) https://www.youtube.com/watch?v=3ddihq7limg&t=270s	Topic 2: Human Body System Lesson 3: Supplying Energy CA Tb pg. 91-93 HW Wb Pg. 17 Human Body Systems: Supplying Energy
Monday 19 - 10- 2026	Literature FROM A LONG WALK TO WATER. ONE DAY I HAD TO RUN SE pp. 62–67; 68–75, WB pp.36–37 https://www.youtube.com/watch?v=zuFc5lOoLHk	Topic 2 :Analyse and Use Proportional Relationships Lesson 1:Connect Ratios, Rates, and Unit Rates CW.TB pp. 93 HW: TB pg.93(Selective) https://www.youtube.com/watch?v=3ddihq7limg&t=270s	Topic 2: Human Body System Lesson 3: Supplying Energy CA Tb pg. 94-97 (Virtual Lab) HW Wb Pg. 18 Human Body Systems: Supplying Energy
Tuesday 20 - 10- 2026	Literature FROM A LONG WALK TO WATER. ONE DAY I HAD TO RUN SE pp. 62–67; 68–75, WB pp.36–37 https://www.youtube.com/watch?v=zuFc5lOoLHk Grammar DIFFERENT SENTENCE TYPES WB P. 40–41, SWB pp.63-64 https://youtu.be/nz8a9LHzHv8?t=83	Topic 2 :Analyse and Use Proportional Relationships Lesson 1:Connect Ratios, Rates, and Unit Rates CW.TB pp. 93 HW: TB pg.94(Selective) https://www.youtube.com/watch?v=3ddihq7limg&t=270s	Topic 2: Human Body System Lesson 3: Supplying Energy CA Tb pg. 98-100 HW Wb Pg. 18 Human Body Systems: Supplying Energy
Wednesday 21 - 10- 2026	Grammar DIFFERENT SENTENCE TYPES WB P. 40–41 SWB pp.63-64 https://youtu.be/nz8a9LHzHv8?t=83	Topic 2 :Analyse and Use Proportional Relationships Lesson 1:Connect Ratios, Rates, and Unit Rates CW.TB pp. 94 HW: TB pg.94(Selective) https://www.youtube.com/watch?v=3ddihq7limg&t=270s	Topic 2: Human Body System Lesson 3: Supplying Energy CA Tb pg. 101-102 HW Wb Pg. 18 Human Body Systems: Supplying Energy
Thursday 22 - 10- 2026	Writing WRITE A LITERARY ANALYSIS WB P. 42-43 Library	Topic 2 :Analyse and Use Proportional Relationships Lesson 1:Connect Ratios, Rates, and Unit Rates CW.TB pp. 94 HW: TB pg.94 (Selective) https://www.youtube.com/watch?v=3ddihq7limg&t=270s	Topic 2: Human Body System Lesson 3: Supplying Energy CA Tb pg. 103-104 HW Wb Pg. 18 Human Body Systems: Supplying Energy

Social Studies			Quran	
Monday 19 - 10- 2026		Lesson Review: Unit 1: Lesson 2 – Lesson 4 TB:PP: 6 - 12	Sunday 18 - 10- 2026	تَلْمَاكَ تَاعَزَانِلَا قُرُوس رَابِتَخَا
ICT			Islamic Studies	
Sunday 18 - 10- 2026		(continuation) Adding the “else” instruction in the IF condition pp. 16-17 https://www.youtube.com/watch?v=0VxPsUkIaqQ	Wednesday 21 - 10- 2026	حديث : فضل التسبيح والتحميد ص142
Innova			Thursday 22 - 10- 2026	حديث : أهمية أنكار الصباح والمساء ص145
Wednesday 21 - 10- 2026		Unit 1: Product Design – Final Prototype Showcase	Arabic	
Date	Subject	Quiz	Sunday 18 - 10- 2026	تابع الأفعال الناسخة كان وأخواتها 109
			Monday 19 - 10- 2026	نص جدتي ص77
			Wednesday 21 - 10- 2026	تابع جدتي ص 79
			Thursday 22 - 10- 2026	محاسن المودة ص 80
			Saudi History and Geography	
			Wednesday 21 - 10- 2026	65 ص 62 إلى العلوم والمعارف

Physical Education	
Monday 19 - 10- 2026	Basketball : Dribbling, Change directions
Tuesday 20 - 10- 2026	Basketball : Dribbling, Change directions

This weekly plan is subject to change.
Note: For more information kindly contact 011 405 1650 Ext 31 for Boys
You can find the weekly plans in www.alnoor.edu.sa



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Grade 7B

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Monday 19 - 10- 2026	Literature FROM A LONG WALK TO WATER. ONE DAY I HAD TO RUN SE pp. 62–67; 68–75 WB pp.36–37 https://www.youtube.com/watch?v=zuFc5lOoLHk	Topic 2 :Analyse and Use Proportional Relationships Lesson 1:Connect Ratios, Rates, and Unit Rates CW.TB pp. 93 HW: TB pg.93(Selective) https://www.youtube.com/watch?v=3ddihq7lImg&t=270s	Topic 2: Human Body System Lesson 3: Supplying Energy CA Tb pg. 94-97 (Virtual Lab) HW Wb Pg. 18 Human Body Systems: Supplying Energy
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Thursday 22 - 10- 2026	Writing WRITE A LITERARY ANALYSIS WB P. 42-4	Topic 2 :Analyse and Use Proportional Relationships Lesson 1:Connect Ratios, Rates, and Unit Rates CW.TB pp. 94 HW: TB pg.94 (Selective) https://www.youtube.com/watch?v=3ddihq7lImg&t=270s	Topic 2: Human Body System Lesson 3: Supplying Energy CA Tb pg. 103-104 HW Wb Pg. 18 Human Body Systems: Supplying Energy

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Quran	
Wednesday 20 - 10- 2026	تَمَامُ تَاعَزَانَا قُرُوس رَابِتَا
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